


Unity of the Valley Spiritual


350 N. Orchard Avenue • Vacaville, CA 95688 • (707) 447-0521 •

Joyous Abundance



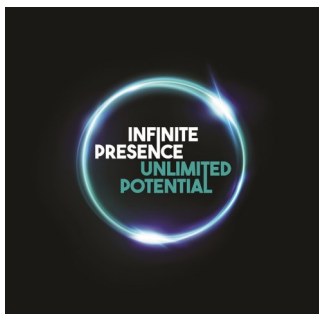
A Class Taught by:
Rev. Dalia Adams
5 Tuesdays, 7-9 pm, 9/17-10/15
Cost: \$100

anton mizerak
laura berryhill
transformational healing music
instrumental songs & chants



keyboards
tablas
harmonica
Tibetan bowls
exquisite vocals
myths & stories
Sanskrit & Celtic
www.shaktisong.com

Unity Church of the Valley
Friday August 2 7 PM
350 N Orchard Ave
Vacaville
707-447-0521
suggested love offering \$20



Also Inside:
Complete Calendar
July—October

A letter from our
Board President

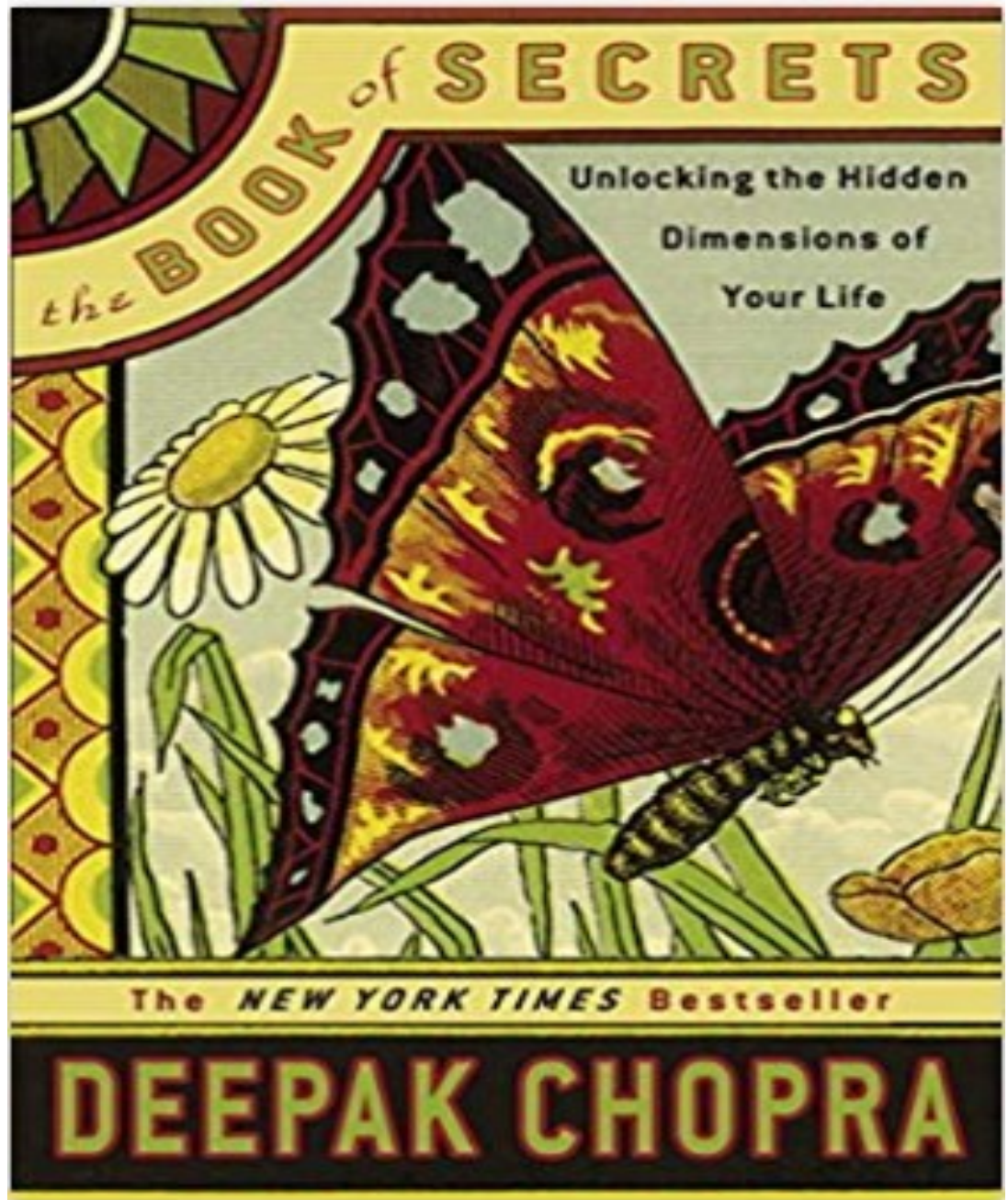
Team Unity

Bunco

Luau on the Grass

Fall Reflections
Opportunities

2019 Fall Reflections



Coming to our Bookstore soon!

Ongoing Classes and Activities . . .

Mondays

Yoga—5:30 p.m. lead by Rose Sales

Drumming Circle - 7:00 p.m. - Second Monday of the month—
Facilitated by Sage Trucano

Tuesdays

FA (Food Addicts in Recovery Anonymous) - 7:00 p.m. - Call
(707) 333-9991 for more information

Wednesdays

A Course in Miracles-5:30 p.m. —facilitated by Teresa Wilkinson

Silent Meditation—6:30 p.m.

Evening Service - 7:00 p.m.

Thursdays

Men of Unity Breakfast - 8:30 a.m. - Second and Fourth Thursday
of the month - Held at a variety of local restaurants

Reiki - 6:30 p.m. - Second Thursday - Facilitated by Patricia Ahlquist

Women of Unity Potluck Luncheon - 12:00 p.m. - Third Thursday
of the month

Board of Trustees Meeting - 6:30 p.m. - Third Thursday of the
month

Fridays

Prayers for the World, First Friday at 5:00 p.m.

'4th Friday Feed' - Community Kitchen at Epiphany Episcopal
Church, 12:00-7:00 p.m. - Fourth Friday of the Month - Visit our web-
site to sign-up to help

Pranic Healing - 6:00 p.m. - First Friday of the Month

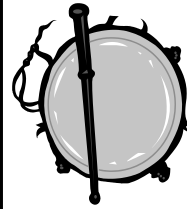
Saturdays

NA - 10:00 a.m. in KOU rooms

Sundays

Coffee House Service - 8:00 a.m.

Worship Celebration - 10:00 a.m.



Drumming Circle **7:00 p.m. on the Second** **Monday of the Month**

Facilitated by Sage Trucano

Drumming has been used for healing, ceremony/ prayer and communion with the Divine Creator and each other for centuries. Join us in celebration, prayer and healing using sound and the beat of the mother drum which is the beating of our hearts.

Bring your own rattles and drums or use the many we have to share.
Dance, sing, rattle, drum or just listen to the healing beats.

No experience is necessary - All are invited to attend

A Love Offering will be taken

Reiki Gathering

6:30 p.m. on the Second
Thursday of the Month

Facilitated by Patricia Ahlquist

Reiki Practitioners are invited to attend this gathering

Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by "laying on hands" and is based on the idea that an unseen "life force energy" flows through us and is what causes us to be alive. If one's "life force energy" is low, then we are more likely to get sick or feel stress, and if it is high, we are more capable of being happy and healthy.

Pranic Healing[®] Clinic

6:00 p.m. on the First
Friday of the Month

Facilitated by Lilia Afshary

Pranic Healing[®] is a simple yet powerful and effective system of **no-touch** energy healing. It is based on the fundamental principles that the body is a *self-repairing* living entity that possesses the ability to heal itself and that the healing process is accelerated by increasing this life force that is readily available from the sun, air and ground to address physical and emotional imbalances.



4th Friday Feed

Community Kitchen at
Epiphany Episcopal Church
12:00-7:00 p.m.
Fourth Friday of the Month

We invite you to join us in this important
community outreach
and help feed the homeless and hungry



Visit www.unityvacaville.net click on the Ministries tab
then '4th Friday Feed' to sign-up to volunteer

A Course In Miracles

Wednesdays at 5:30 p.m.

Facilitated by
Teresa Wilkinson

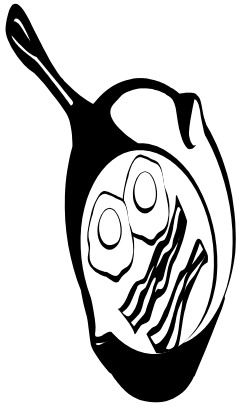
Ongoing Classes and Activities . . .

Join the Men of Unity for Breakfast!

The Men of Unity meet at 8:30 a.m. on the Second and Fourth Thursday of the month at various local eateries.

Contact Bob Panzer for information

July 11 - Black Bear Diner, Vacaville, CA
 July 25- Raul's Striper Café, Fairfield, CA
 Aug 8 - Mimi's Café, Fairfield, CA
 Aug 22 - Unity Hall, Vacaville, CA
 Sept 12 - Panera Bread Vacaville, Ca
 Sept 26 - Putah Creek Café, Winters, CA



Join the Women of Unity for Lunch!

The Women of Unity meet at 12:00 p.m. on the Third Thursday of the month in Unity Hall

*Women of all ages are invited to attend
 Bring your lunch or a dish to share*



*Yoga
 Mondays
 5:30 p.m.*

*Facilitated by
 Rose Lovell-Sale
 707-888-5013*

Upcoming Classes and Activities . . .

Journaling with Carolyn Ranch

Class begins July 6th at 10 a.m., and will meet 4 consecutive Saturdays thru July 27th
 The class last 2 hours each session.



Attendance at the first class is required, and people need to register by Sunday, June 30, so materials can be ordered. Cost is \$20 per individual class or \$60 for those who pay ahead for the entire series when they register.

MCKS Pranic Healing® Level I

LOCATION:

Unity of the Valley Spiritual Center , 350 North Orchard Ave, Vacaville, CA , United States

START DATE:

08/17/2019 - 9:00am

END DATE:

08/18/2019 - 8:30pm

Instructor: Lilia Afshary

Event Email: Lilia_afshary@yahoo.com

Joyous Abundance

A Class Taught by:
Rev. Dalía Adams
5 Tuesdays, 7-9 pm, 9/17-10/15
Cost: \$100

Special Events . . .



Bunco Bash

Unity of the Valley
 Spiritual Center
 Friday, August 16
 6:00 p.m. Social Hour
 7:00 p.m. Bunco Begins

Tickets \$25.00



Quarterly Church Workday

Saturday, August 3

8:00 a.m.—3:00 p.m.

Come work for an hour

Or stay all day.

No one turned away!

Lunch provided for our hard working
 volunteers.

Sign up sheet at the Information Desk.

anton mizerak
 laura berryhill
 transformational
 healing music
 instrumentals songs chants



keyboards
 tablas
 harmonica
 Tibetan bowls
 exquisite vocals
 myths & stories
 Sanskrit & Celtic

www.shastasong.com

Unity Church of the Valley

Friday August 2 7 PM

350 N Orchard Ave
 Vacaville
 707-447-0521

suggested love offering \$20





UNITY WORLD DAY OF PRAYER
Thursday, September 12, 2019

I celebrate the vast possibilities for my life.



The Unity of the Valley Spiritual Centers sanctuary will be open from 12:00 p.m. till 6:00 p.m. on Thursday, September 12, 2019
Watch for details.

Fall Reflections Begins

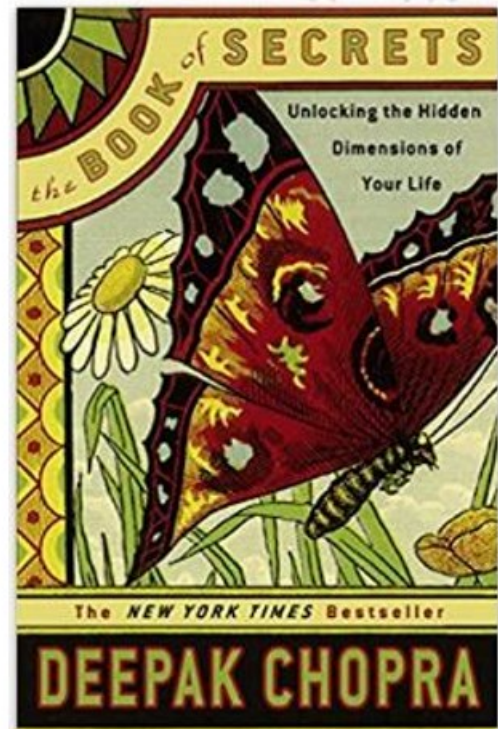
Sunday, September 15

Small Groups will be forming soon.

2019 Fall Reflections
Volunteer Opportunities
Small Group Facilitator
Decorating Committee
Fall Reflections Finale:
Organizer of Finale Event
Set up and or Clean up Crew
Kitchen Crew

Fall Reflections 2019

Unity of the Valley
Spiritual Center



CALLING ALL BAKERS!



BENEFITING UNITY OF THE VALLEY SPIRITUAL CENTER

BAKE SALE!



September 29

BETWEEN 8 & 10AM
& AFTER 10AM SERVICES



BRING A BAKED GOOD TO DONATE - OR - COME BUY SOME GOODIES!

Call Mary Cannahan for more info 707-427-3665

Donate Your Baked Masterpieces

Buy some goodies to take home!



Minister and Licensed Unity Teacher Event **Awakened Abundance** Thursday and Friday October 10 & 11, 2019



When we allow the principle of abundance within to awaken, everything changes.

Life becomes a vibrant, joyous, journey where even small things take on greater meaning.

This fall, we invite you to turn the great energy of your thinking upon ideas of plenty and empower a greater abundance consciousness within yourself, in your spiritual community, and in our world.

2019 Walk to End Alzheimer's - Solano County, CA

Saturday, October 19, 2019

Team page of TEAM UNITY

DONATE TO THE TEAM

JOIN OUR TEAM

[Edit My Team Page](#)

Team Unity continues to be one of the leading Solano County Walk fundraising teams! In addition, Unity of the Valley has sponsored the Walk for the past 6 years, enabling us to have a display table on Sponsor Row. Thank you for promoting awareness about Alzheimer's dementia.

\$365

WE HAVE RAISED



Share Our Page

\$8,000

OUR GOAL

More information about
Team Unity
is available at our
Information Desk
in the Great Hall
And
on our website
www.unityvacaville.org

Unity Raises Awareness for Alzheimer's

One of the pleasant ways to raise awareness is the Tahoe Joe's fundraiser. This year's event is Thursday, August 15, and our team receives more than a \$2,400 credit for the donations to the Walk if all \$20 advance tickets are sold.

It's heartening to know that our Unity of the Valley Spiritual Center sponsors the Solano County Walk to End Alzheimer's each year.

This is the 7th year that Team Unity has had a major presence at the Suisun City Harbor Plaza. You can take part in a 1- or 3-mile walk around the Harbor Plaza while learning about advocacy opportunities, clinical studies, and support programs and services from the Alzheimer's Association. You can join in the meaningful tribute ceremony to honor those affected by Alzheimer's and other forms of dementia. You can enjoy the Promise Garden, opening ceremony, live music, face painting and other activities for children. Please join the Walk by visiting <http://act.alz.org/solano2019>.

EDGAR CAYCE'S EGYPTIAN ENERGY HEALING WORKSHOP

with Shelley Kaehr, PhD

*Learn a New Healing Modality Based on
the Edgar Cayce Readings!*

Author Shelley Kaehr, PhD, who has worked with vibrational energy medicine for two decades as well as studying Edgar Cayce's readings on the topic, delves into the wealth of information given and brings you *Edgar Cayce's Egyptian Energy Healing*. This revolutionary **new system of healing** found in the Edgar Cayce Life Readings incorporates energy work, vibrations, gemstones, prayer, affirmations, and even the etheric body. It is a complete set of methods designed to help facilitate integration of body-mind-spirit for total mental, physical, and emotional wellness. Students will discover several **healing symbols** mentioned by Cayce and learn how to use them to bring balance to body, mind, and spirit.

In any form of healing, the goal is to **change your current frequency**—your vibration—into one that is more balanced and aligned for optimal results. Shelley shows us that working with our consciousness to overcome our life lessons and challenges can help us achieve lasting happiness and peace throughout our lives, and that this is something that is actually achievable using these **powerful yet practical techniques**.

Enriching yet simple, step-by-step information is given to us as tools we can use to apply this **ancient knowledge** to our everyday modern lives. In this uniquely insightful, experiential, and fun workshop, you will explore:

- The fundamentals of **energy healing**—what it is, how it works, and how we can understand and apply it for optimal spiritual and physical health
- How intention, prayer, affirmations, and even working with our **guides and angels** can help us
- Simple effective exercises for raising the body's vibrational energy
- Ways to work with the **chakra system**, colors, stones, sound, oils, and other tools to focus and expand our body's energy system
- How to create a healing session using techniques from the ancient temple formulas of Ra Ta—an early incarnation of Edgar Cayce
- Working with healing tools and symbols to accelerate the process within yourself—and for helping others
- **Receive an attunement** into the new ECEEH modality and learn the technique so by the end of the day, you can incorporate the method into your own healing practice

*There is no aspect of your life that
Egyptian Energy Healing can't help!*



Shelley Kaehr, PhD is a past-life regressionist and the author of numerous books, including *Edgar Cayce's Guide to Gemstones, Minerals, Metals & More* and *Edgar Cayce's Sacred Stones*. An authority on gems and stones, energy healing, and hypnosis, she has trained thousands of energy healing practitioners and has developed healing modalities such as Holographic Mapping before developing the Edgar Cayce's Egyptian Energy Healing method.

Dr. Shelley's method has been endorsed by numerous leaders in the field of consciousness, including Dr. Brian Weiss who called her book *Let's Restream*, "An important contribution to the field of regression therapy." She believes our memories are stored holographically in the energetic fields around our bodies, and by combining hypnosis with energy healing, lasting change is achieved. A popular presenter, she is known for her warmth, depth of knowledge, and practical insights.

Past attendees say:

"Shelley's workshop was amazing! Her knowledge of gemstones was truly impressive!"

"I love her down-to-earth style and humor—such a fun day!"

"I can't wait to use these techniques when I get home—I can feel a difference already!"

Vacaville, CA

Saturday, October 26, 2019

Unity Church of the Valley Spiritual Center

350 N Orchard Ave, Vacaville, CA 95688

TIME: Saturday, 9:00 a.m. to 4:30 p.m.

At-door registration/book tables open at 8:30 a.m. Meal break: Noon to 1:30 p.m. (Restaurants are within driving distance.)

FOR MORE INFORMATION, GO TO:

EdgarCayce.org/fieldconferences

OR CALL: A.R.E. Headquarters 800-333-4499 to register

Mardel Barr 415-924-7566 for local information

Houston, TX

Saturday, November 9, 2019

Unity of Houston, in the Pyramid

2929 Unity Drive, Houston, TX 77507

TIME: Saturday, 9:30 a.m. to 5:00 p.m.

At-door registration/book tables open at 8:30 a.m. Meal break: Noon to 1:30 p.m. (Restaurants are within driving distance.)

FOR MORE INFORMATION, GO TO:

EdgarCayce.org/fieldconferences

OR CALL: A.R.E. Headquarters 800-333-4499 to register

Holly Falson 713-320-6531 for local information

YES! SIGN ME UP!

Charge card customers may register anytime online up to 48 hours before the program at: EdgarCayce.org/fieldconferences; by phone: call toll free 1-800-333-4499. To register by mail: Make check or money order payable to A.R.E. Conferences Registrar and note on check conference name and city. Mail to: A.R.E. Field Conferences, 215 67th Street, Virginia Beach, VA 23451-2061. Please mention the code in the yellow box next to your address when registering. **To ensure pre-registration discount, your registration must be received by 9:30 a.m. EST the Thursday before the program, otherwise, you must register at the door and pay the at-door price.**

Register in Advance & Save \$20!

TUITION: A.R.E. MEMBER \$84 EACH

Nonmembers \$114 each. Add \$20 at-door. A.R.E. Membership \$59/year, eMembership \$39/year. An email address is required for an eMembership and also for notification of program changes and upcoming events.

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A Special One-Day Event Sponsored by the Association for Research and Enlightenment, Inc. (A.R.E.®)

Celebrating our oneness ~ Honoring our diversity

Unity of the Valley is dedicated to the Belief in God as universal Spirit
Our purpose is to provide opportunities for each individual to express their inner Christ Spirit



From Bob Panzer, President of the Board of Trustees

Your Board of Trustees is busy with ongoing projects that I want to share.

Trustee Donovan Ahlquist is working on submitting recommendations for changes in our Bylaws to align with the By-laws of Unity Worldwide Ministries. Our current Bylaws are not out of conformity with most of the UWM Bylaws, and only a few modifications will be needed. They will be presented for approval by our membership at the annual meeting next February.

Trustees Cindy Hulburt, Gloria Johnson and Michelle Dickey are conferring on the best plan for spacing fundraising events through the year. We want the energy and commitment for each event to remain strong. Any changes in the calendar will likely not occur until the year 2020.

Trustee Gloria Johnson and I recently met with a prospect for sharing the building, but no decision has been made. The offer continues to be advertised in various media.

The Board approved a presentation by Kathryn Patterson, Gretchen Harper and Meiling Albert requesting approval to seek authorization from Unity Worldwide Ministries as a certified EarthCare Ministry. Mary Gerken has shown us how we are already "...ecologically responsible stewards of our earthly home." The vision statement we adopted reads, "Unity of the Valley Spiritual Center is committed to upholding our Spiritual Oneness with the Earth, each other and all living beings." We anticipate certification as we create a consciousness for ideas, inspiration and guidance in this EarthCare Ministry through prayer.

As our Senior Minister, Rev. Dalia Adams, completes a two-month sabbatical on August 18, we are blessed with a variety of Sunday guest speakers including Vic Jenkins, Sonya Milton, Gary Eisenberg, Margie Brach and Diana and Chris Johnson. All programs are thriving through the summer, and we are grateful for the abundance of prosperity at our Spiritual Center!

Church Directory . . .

Senior Minister: Rev. Dr. Dalia Adams

Board of Trustees:

Bob Panzer, President
 Pat Kalk, Vice President
 Gloria Johnson, Secretary
 John Working, Treasurer
 Elliott Williams Bob Panzer Cindy Hulburt
 Donovan Ahlquist Michelle Dickey

Licensed Unity Teachers:

Carol Sublett

Center Manager/Newsletter: Teresa Wilkinson

Prayer Chaplains:

Donavan Ahlquist Patricia Ahlquist Kathy Rybicki
 Rowland Spayth Warren Spayth Teresa Wilkinson
 Gretchen Harper, Patt Florez, Ryan Schlosser

Youth Education Team:

Genevieve Cushing—Youth Ed Director
 Faun Schlosser - YOU Sponsor

SEE Education Director: Carol Sublett, LUT

Music Ministry Narayan and Janet Baltzo

Sound Technicians: Kathleen McIntyre
 Paul Whitney
 Michael Fincher

Bookstore: Carol Sublett

Facility Maintenance Coordinator: Don Wilkinson

Wedding Coordinator: Michelle Dickey

Volunteer Coordinator: Warren Spayth

Did you Know? . . .

- **Prayer Chaplains** are available for prayer support, home or hospital visits, and listening when you need someone. Prayer Chaplains are available after church on Sunday or may be reached by calling the church office (Mailbox #6).
- **Prayer requests** are read in strictest confidentiality, placed in our prayer chest, then sent to Silent Unity where they are held in prayer for 30 days.
- **Lending Library:** If you need a book for a class or for your personal spiritual enrichment they can be checked out from our lending library. The library is available on Sundays before and after the service and during normal business hours Monday-Thursday.
- **Bookstore:** The Bookstore is available Wednesday - Friday during normal office hours and Sundays before and after the 10 a.m. service.
- **You can support Unity of the Valley Spiritual Center by making a donation through our website:** We are able to accept one-time donations or recurring donations made with any major credit card or PayPal. For more information, visit this page on our website:
www.unityvacaville.org/tp40/Application.asp?app=Donate&ID=238362
- **You can put your tithe and Love Offerings on your credit card:** Complete the donation form in the Sunday service bulletin and place in the offering.
- **You can support Unity of the Valley by shopping at Amazon.com:** To start shopping visit our website or go to <http://smile.amazon.com/ch/68-0123547>

UNITY PRINCIPLES

- ◆ God is good and everywhere present.
- ◆ The spirit of God lives within each person, therefore, all people are inherently good.
- ◆ We create our life experiences through our way of thinking.
- ◆ There is power in affirmative prayer, which we believe increases our connection to God.
- ◆ Knowing and understanding Unity principles is the foundation. Taking action based on the truth principles transforms our lives and the world.

Unity of the Valley Spiritual Center Financial Statement

January - June 2019

	<u>January- June 2019</u>	<u>Annual Budget</u>	<u>\$ Un- der/Over Budget</u>
Ordinary Income/Expense			
Income			
300.00 · INTEREST	1.02	5.00	-3.98
400.00 · BOOKSTORE	195.01	850.00	-654.99
410.00 · CLASSES/WORKSHOPS/ SPECIAL EVENTS	8,971.15	23,950.00	-14,978.85
420.00 · CONTRIBUTIONS	117,749.77	214,910.00	-97,160.23
430.00 · FACILITY & PROPERTY	5,069.25	10,725.00	-5,655.75
460.00 · FUNDRAISERS	19,061.64	33,350.00	-14,288.36
470.00 · PROPERTY SALE	16,250.00	16,250.00	0.00
490.00 · MISCELLANEOUS INCOME	621.09	270.00	351.09
Total Income	167,918.93	300,310.00	-132,391.07
Expense			
600.00 · ADMINISTRATIVE	13,119.79	20,975.00	-7,855.21
605.00 · BOOKSTORE EXPENSES*	577.15	1,900.00	-1,322.85
610.00 · EDUCATION	4,713.19	10,575.00	-5,861.81
620.00 · FACILITY**	34,184.58	75,355.00	-41,170.42
625.00 · FUNDRAISER EXPENSES	2,114.21	2,250.00	-135.79
630.00 · MINISTRY	11,225.21	26,850.00	-15,624.79
640.00 · PAYROLL	70,062.73	138,644.55	-68,581.55
650.00 · TITHES & CHARITABLE GIVING	14,756.64	29,293.50	-14,536.86
6560 · PAYROLL EXPENSES	780.50	851.00	-70.50
Total Expense	151,534.00	306,694.05	-155,160.55
Net Ordinary Income	<u>16,384.93</u>	<u>-6,384.05</u>	<u>22,768.98</u>

*Includes Inventory Purchases and Sales Tax Paid

** Includes Mortgage Principal Payments

We acknowledge
God as our source
and see abundance
flowing forth blessing
all that we have and
all
that we give.

We gratefully bless
those who share their
prosperity that we
may serve Spirit's
work as our
Unity community.

As of June 30, 2019

Cash on Hand:

Savings:	\$ 19,462.27
Checking:	\$ 18,498.11
Flower Fund:	\$ 135.30
Petty Cash:	<u>\$ 97.25</u>
	\$ 38,192.93

Total Available

Cash	\$ 33,587.01
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PLEASE NOTE: Calendar is subject to change. Please check your weekly bulletins or contact the church office for more information.

July, 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Yoga	2 FA	3 ACIM Meditation Contemplative Prayer	4 Independence Day	5 Prayers for the World Pranic Healing Meditation and Clinic	6 NA Journaling Class
7 Coffee With God Service Morning Service Guest Speaker Gary Eisenberg	8 Yoga Drumming Circle	9 FA	10 ACIM Meditation Contemplative Prayer	11 Men of Unity Breakfast Black Bear Diner Vacaville Prayer Chaplain Meeting Reiki Share	12	13 NA Journaling Class
14 Coffee With God Service Morning Service Guest Speaker Rev. Sonya Milton	15 Yoga	16 FA	17 ACIM Meditation Contemplative Prayer	18 Women of Unity Board of Trustees	19	20 NA Journaling Class
21 Coffee With God Service Morning Service Guest Speaker Rev Margie Brach	22 Yoga	23 FA Share the Love Night	24 ACIM Meditation Contemplative Prayer	25 Men of Unity Breakfast Raul's Striper Café, Fairfield	26 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	27 NA Journaling Class
28 Coffee With God Service Morning Service Guest Speaker & Musicians Diana and Chris Johnson	29 Yoga	30 FA	31 ACIM Meditation Contemplative Prayer			

Schedule of On-going Classes and Activities

- Mondays 5:30 p.m. Yoga by Rose Lovell-Sales 707-888-5013
- Second Monday, 7:00 p.m. - Drumming Circle - Facilitated by Sage Trucano - (707) 372-3077 for information
- Tuesdays, 7:00 p.m. - FA (Food Addicts in Recovery Anonymous) - (707) 333-9991 for information
- Wednesdays, 5:30 p.m. ACIM facilitated by Teresa Wilkinson
- Wednesday, 6:30-6:55 p.m. - A Time of Silent Meditation
- Wednesdays, 7:00 p.m. - Contemplative Prayer Service
- Second and Fourth Thursday, 8:30 a.m. - Men of Unity Breakfast
- Second Thursday, 6:30 p.m. - Reiki - Facilitated by Patricia Ahlquist
- Third Thursday, 12:00 p.m. - Women of Unity Potluck Luncheon
- Third Thursday, 6:30 p.m. - Board of Trustees Meeting
- First Fridays, 6:00 p.m. - Pranic Healing - Facilitated by Lilia Afshary - (707) 761-3868 for information
- Fourth Fridays, 12:00-7:00 p.m. - Community Kitchen at Epiphany Episcopal Church - sign-up to help on our website
- Sundays, 8:00 a.m. - Coffee House Service in Unity Hall
- Sundays, 10:00 a.m. - Worship Celebration



Unity of the Valley Spiritual Center

350 N. Orchard Avenue Vacaville, CA 95688
(707) 447-0521

unityvv@pacbell.net www.unityvacaville.org

August, 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Prayers for the World Pranic Healing Meditation and Clinic Sacred Sound Series Anton Mizerak & Laura Berryhill	3 Quarterly Work Day NA
4 Coffee With God Service Morning Service Guest Speaker Viic Jenkins	5 Yoga	6 FA	7 ACIM Meditation Contemplative Prayer	8 Men of Unity Breakfast Meeting Mimi's Café, Fairfield, CA Reiki Share	9	10 NA Unity Hall Rental (Private Party LINKS)
11 Coffee With God Service Morning Service Guest Speaker Rev. Sonya Milton Guest Musician Anton Mizerak & Laura Berryhill	12 Yoga Drumming Circle	13 FA	14 ACIM Meditation Contemplative Prayer	15 Women of Unity Luncheon Board of Trustees Meeting Tahoe Joes Walk to End Alz Fundraiser	16 Women of Unity Bunco Fundraiser for Unity of the Valley	17 NA Pranic Healing Level 1 (Unity Hall)
18 Coffee With God Service Morning Service Guest Musician Denny Colerret Pranic Healing Level 1 (Unity Hall)	19 Yoga	20 FA	21 ACIM Meditation Contemplative Prayer	22 Men of Unity at Unity Hall, Vacaville, CA Prayer Chaplains Meeting	23 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	24
25 Coffee With God Service Morning Service	26 Yoga	27 FA	28 Tai Chi ACIM Meditation Contemplative Prayer	29	30	31 Unity Hall and Sanctuary (Private Party)

PLEASE NOTE: Calendar is subject to change. Please check your weekly bulletins or contact the church office for more information.

September, 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Coffee With God Service Morning Service	2 Labor Day Yoga	3. FA	4 ACIM Meditation Contemplative Prayer	5 Prayer Chaplain Meetings	6 Prayers for the World Pranic Healing Meditation and Clinic	7 NA
8 Coffee With God Service Morning Service Guest Musician Cassandra Kinney Luau on the Grass	9 Yoga Drumming Circle	10 Patriot Day FA	11 ACIM Meditation Contemplative Prayer	12 Unity World Day of Prayer Men of Unity Breakfast Panera Bread , Vacaville, CA	13	14 NA
15 Fall Program Week 1 Coffee With God Service Morning Service	16 Yoga	17 FA Joyous Abundance	18 ACIM Meditation Contemplative Prayer	19 Women of Unity Board of Trustees	20 AKA	21 NA
22 Fall Program Week 2 Coffee With God Service Morning Service	23 Yoga	24 FA Joyous Abundance	25 ACIM Meditation Contemplative Prayer	26 Men of Unity Breakfast Putah Creak Café, Winters, CA	27 4th Friday Feed at Epiphany Episcopal Community Kitchen	28 NA
29 Fall Program Week 3 Coffee With God Service Morning Service Quarterly Bake Sale	30 Yoga					

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- Mondays 5:30 p.m. Yoga by Rose Lovell-Sales 707-888-5013
- Second Monday, 7:00 p.m. - Drumming Circle - Facilitated by Sage Trucano - (707) 372-3077 for information
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- Wednesdays, 5:30 p.m. ACIM facilitated by Teresa Wilkinson
- Wednesday, 6:30-6:55 p.m. - A Time of Silent Meditation
- Wednesdays, 7:00 p.m. - Contemplative Prayer
- Second and Fourth Thursday, 8:30 a.m. - Men of Unity Breakfast
- Second Thursday, 6:30 p.m. - Reiki - Facilitated by Patricia Ahlquist
- Third Thursday, 12:00 p.m. - Women of Unity Potluck Luncheon
- Third Thursday, 6:30 p.m. - Board of Trustees Meeting
- First Fridays, 6:00 p.m. - Pranic Healing - Facilitated by Lilia Afshary - (707) 761-3868 for information
- Fourth Fridays, 12:00-7:00 p.m. - Community Kitchen at Epiphany Episcopal Church - sign-up to help on our website
- Sundays, 8:00 a.m. - Coffee House Service in Unity Hall
- Sundays, 10:00 a.m. - Worship Celebration

October, 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 FA Joyous Abundance	2 ACIM Meditation Contemplative Prayer	3 Prayer Chaplain Meeting	4 Prayers for the World Pranic Healing Meditation and Clinic	5 NA
6 Fall Program Week 4 Coffee With God Service Morning Service	7 Yoga	8 FA Joyous Abundance	9 WCR Board Meeting ACIM Meditation Contemplative Prayer	10 Men of Unity Breakfast West Central Region MLT Reiki Share	11 West Central Region MLT	12 NA
13 Fall Program Week 5 Coffee With God Service Morning Service	14 Yoga Drumming Circle	15 FA Joyous Abundance	16 ACIM Meditation Contemplative Prayer	17 Women of Unity Board of Trustees	18	19 NA AKA Meeting (Unity Hall)
20 Fall Program Week 6 Coffee With God Service Morning Service	21 Yoga	22 FA	23 ACIM Meditation Contemplative Prayer	24 Men of Unity Breakfast	25 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	26 NA Team Unity Walk to End Alzheimer's ARE
27 Fall Program Week 7 Coffee With God Service Morning Service	28 Yoga	29 FA	30 ACIM Meditation Contemplative Prayer	31		

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November, 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Prayers for the World Pranic Healing Meditation and Clinic	2 NA Fall Reflections Celebration
3 Coffee With God Service Morning Service Guest Musician and Speaker Bonnie and Andy Anderson	4 Yoga	5 FA	6 ACIM Meditation Contemplative Prayer	7 Prayer Chaplain Meeting	8	9 NA Annual Unity Craft Fair
10 Guest Musician TBD Coffee With God Service Morning Service	11 Yoga Drumming Circle	12 FA	13 ACIM Meditation Contemplative Prayer	14 Men of Unity Breakfast Reiki Share	15 New Member Class AKA	16 New Member Class NA
17 Guest Musician Linda Hogan Coffee With God Service Morning Service	18 Yoga	19 FA	20 ACIM Meditation Contemplative Prayer	21 Women of Unity Board of Trustees	22 4th Friday Feed at Epiphany Episcopal Community Kitchen	23 NA
24 Guest Musician TBD Coffee With God Service Morning Service	25 Yoga	26 FA	27	28 Thanksgiving Day	29	30 NA

Schedule of On-going Classes and Activities

- Mondays 5:30 p.m. Yoga by Rose Lovell-Sales 707-888-5013
- Second Monday, 7:00 p.m. - Drumming Circle - Facilitated by Sage Trucano - (707) 372-3077 for information
- Tuesdays, 7:00 p.m. - FA (Food Addicts in Recovery Anonymous) - (707) 333-9991 for information
- Wednesdays, 5:30 p.m. ACIM facilitated by Teresa Wilkinson
- Wednesday, 6:30-6:55 p.m. - A Time of Silent Meditation
- Wednesdays, 7:00 p.m. - Contemplative Prayer
- Second and Fourth Thursday, 8:30 a.m. - Men of Unity Breakfast
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December, 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Guest Musician TBD Coffee With God Service Morning Service	2 Yoga	3 FA	4 ACIM Meditation Contemplative Prayer	5 Prayer Chaplain Meeting	6 Prayers for the World Pranic Healing Meditation and Clinic	7 NA Home for the Holidays
8 Guest Musician Dolce Cantus Coffee With God Service Morning Service	9 Yoga Drumming Circle	10 FA	11 ACIM Meditation Contemplative Prayer	12 Men of Unity Breakfast Reiki Share	13	14 NA AKA Unity Hall
15 Coffee With God Service Morning Service	16 Yoga	17 FA	18 ACIM Meditation Contemplative Prayer	19 Women of Unity Board of Trustees	20	21 NA
22 Coffee With God Service Morning Service	23 Yoga	24 Christmas Eve Candle Light Service	25 Christmas Day ACIM Meditation Contemplative Prayer	26 Men of Unity Breakfast	27 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	28 NA
29 Coffee With God Service Morning Service	30 Yoga	31 FA New Years Eve				

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January, 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 New Years Day ACIM Meditation Contemplative Prayer	2 Prayer Chaplain Meetings	3 Prayers for the World Pranic Healing Meditation and Clinic	4 NA
5 Coffee With God Service Morning Service	6 Yoga	7 FA	8 ACIM Meditation Contemplative Prayer	9 Men of Unity Breakfast Reiki Share	10	11 NA Sacred Sound Series
12 Coffee With God Service Morning Service	13 Yoga Drumming Circle	14 FA	15 ACIM Meditation Contemplative Prayer	16 Women of Unity Board of Trustees	17	18 NA
19 Coffee With God Service Morning Service	20 Yoga	21 FA	22 ACIM Meditation Contemplative Prayer	23 Men of Unity Breakfast	24 4th Friday Feed at Epiphany Episcopal Community Kitchen	25 NA
26 Coffee With God Service Morning Service	27 Yoga	28	29	30	31	

Schedule of On-going Classes and Activities

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- Sundays, 10:00 a.m. - Worship Celebration

February, 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 NA
2 Coffee With God Service Morning Service Unity Annual Meeting	3 Yoga	4 FA	5 ACIM Meditation Contemplative Prayer	6 Prayer Chaplain Meeting	7 Prayers for the World Pranic Healing Meditation and Clinic	8 NA
9 Coffee With God Service Morning Service	10 Yoga Drumming Circle	11 FA	12 ACIM Meditation Contemplative Prayer	13 Men of Unity Breakfast Reiki Share	14	15 NA
16 Coffee With God Service Morning Service	17 Yoga	18 FA	19 ACIM Meditation Contemplative Prayer	20 Women of Unity Board of Trustees	21 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	22 NA Valentine Soiree
23 Coffee With God Service Morning Service	24 Yoga	25 FA	26 ACIM Meditation Contemplative Prayer	27 Men of Unity Breakfast	28 Board of Trustees Training Retreat at San Damiano	29 Board of Trustees Training Retreat at San Damiano

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