



Unity of the Valley Spiritual Center

350 N. Orchard Avenue • Vacaville, CA 95688 • (707) 447-0521 • www.unityvacaville.org

- October 2024 -



The Board of Trustees is pleased to announce
Rev. Micah Murdock has agreed to serve as part-time
Minister of Record here at Unity of the Valley Spiritual Center
as we begin our search for a new full-time minister.

We are excited to welcome Rev. Murdock, who has graciously agreed to come out of retirement to help guide us through this transition, back to our church. He was Senior Minister here from 2008 to 2012 and brings with him a world of experience having served in Unity for many years. We look forward to having him join us on this journey.

Bunco Bash

Saturday, October 19 ~ 5:30- 9:30 p.m.

\$20/person - ages 12 and up

Join in the fun!

Salads ▪ Desserts ▪ Prizes ▪ Raffle

Tickets on sale now -

Sundays in the Great Hall or Contact the church office

Volunteer Opportunity

4th Friday Feed - We have an urgent need for volunteers to assist with this important community outreach team. This is a once per month commitment. We need:

Help with shopping (UVSC covers the cost of food and supplies) * Help with prep and cooking
Help Serving * Help with clean-up

Interested? contact the church office at 707-447-0521 or unityvv@pacbell.net for more information

Upcoming Activities & Special Events (Continued on Page 8) . . .



Sound Bath

with Linda Koehler + Joy Hope

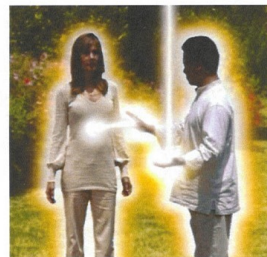
October 13, 2024 - 11:30



at Unity of the Valley
Spiritual Center
350 N Orchard Ave.
Vacaville, CA

Sound Bath meditation is an ancient practice designed to bring deep states of relaxation and meditation. We use a variety of instruments, including Himalayan singing bowls, crystal bowls, chimes and more to create a landscape of sound that washes over you.

We will be honored to have you join us.



LEARN
To HEAL
Yourself and others
EVEN from a DISTANCE

Just in **2 DAYS**

PRANIC HEALING
Level One

WHEN

Saturday, October 19th – 1:30 pm to 7:30 pm
Saturday, October 26th – 9:30 am to 5:30 pm

Unity of the Valley Spiritual Center
350 N. Orchard Ave.
Vacaville, CA

Register at Pranichealing.com
or email lilia@pranichealing.com

Your instructor

Lilia Afshary

Payment Plans Are Available

We're updating our directory!

Sundays beginning Sept. 8 through Oct. 27

Visit the table in the Great Hall- John, Barb,
or Cookie will be on hand to take your photo
and get the information you would like to
include in the directory

Choose any Sunday. . . maybe a day when you
are looking especially cute??!!

Ongoing Classes and Activities . . .

Mondays

NA (Narcotics Anonymous) - 6:30 p.m.

Tuesdays

FA (Food Addicts in Recovery Anonymous) - 7:00 p.m.

Wednesdays

Board of Trustees Meeting - Third Wednesday of the month

Daily Word Contemplative Prayer Service - 6:00 p.m. - facilitated by Prayer Chaplains

Thursdays

Men of Unity Breakfast - 8:30 a.m. - Second and Fourth Thursday of the month - Held at a variety of local restaurants - Contact Bob Panzer at 707-410-8839 / rmp572@gmail.com or Dave Rybicki at drybicki@solanowireless.com for location and information

Women of Unity Potluck - 11:30 a.m. - Third Thursday of the month - Email Cindy Hulburt at cindyhulburt@gmail.com for information

NA (Narcotics Anonymous) - Women's Group - 5:00 p.m.

NA (Narcotics Anonymous) - Men's Group - 7:00 p.m.

Fridays

Prayers for the World, First Friday at 5:00 p.m. (available online)

'4th Friday Feed' - Community Kitchen at Epiphany Episcopal Church, 12:00-7:00 p.m. - Fourth Friday of the Month - Volunteers are always needed

Sundays

Worship Celebration - 10:00 a.m. - In person and live-streamed at www.unityvacaville.org

NA (Narcotics Anonymous) - 5:30 p.m.



EarthCare

Join us by signing up to receive information about environmental legislation, needed meaningful actions, positive environmental actions, and learning about the Earth. The focus will be on the environment and social justice related to the environment

Sign-up by contacting meilingmarie@gmail.com using the subject title EarthCare.

Please provide your name and contact information

You are not obligated to any special actions unless you choose to

Check out the UWM EarthCare Newsletter www.unityuwm.org/earthcare under "Newsletters."

Daily Word Contemplative Prayer Service



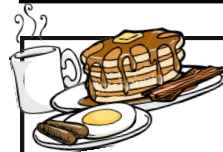
Wednesdays at 6 p.m.
in our sanctuary
led by our Prayer Chaplains

Join the Women of Unity for Lunch!

The Women of Unity meet at 11:30 a.m.
on the Third Thursday of the month

Contact Cindy Hulburt at cindyhulburt@gmail.com
for more information

Women of all ages are welcome!



Join the Men of Unity for Breakfast!

The Men of Unity meet at 8:30 a.m.
on the Second and Fourth Thursday of the
month at various local eateries.

Contact Bob Panzer at 707-410-8839 / rmp572@gmail.com
or Dave Rybicki at drybicki@solanowireless.com
for location and information

Community Kitchen at Epiphany Episcopal Church

Fourth Friday of the Month 12:00-7:00 p.m.

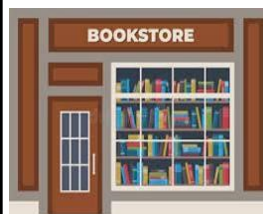
We invite you to join us in this important community outreach team and help feed the homeless and hungry

Contact the church office at 707-447-0521
or unityvv@pacbell.net for more information



Unity of the Valley Bookstore

Open on the second and fourth Sunday of the
month following the service





Stop by and say hello

The Bookstore also available
during normal office hours

PLEASE NOTE: Calendar is subject to change. Please contact the church office for more information.

October 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Daily Word Contemplative Prayer Service - 6:00 p.m.	3	4 First Friday @ 5 - Prayers for the World	5
6 10:00 a.m. Service NA - 5:30 p.m.	7 NA - 7:00 p.m.	8 FA - 7:00 p.m.	9 Daily Word Contemplative Prayer Service - 6:00 p.m.	10 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	11	12
13 10:00 a.m. Service Bowl Ceremony - 11:30 a.m. NA - 5:30 p.m.	14 NA - 7:00 p.m.	15 FA - 7:00 p.m.	16 Daily Word Contemplative Prayer Service - 6:00 p.m.	17 Women of Unity - 11:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	18	19 Pranic Healing Level 1 Workshop (Part 1) - 1:30 p.m. Bunco Bash - 5:30 p.m. 
20 10:00 a.m. Service NA - 5:30 p.m.	21 NA - 7:00 p.m.	22 FA - 7:00 p.m.	23 Daily Word Contemplative Prayer Service - 6:00 p.m. Board Meeting	24 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	25 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	26 Pranic Healing Level 1 Workshop (Part 2) - 18:30 a.m.
27 10:00 a.m. Service NA - 5:30 p.m.	28 NA - 7:00 p.m.	29 FA - 7:00 p.m.	30 Daily Word Contemplative Prayer Service - 6:00 p.m.	31 NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m. 		

Schedule of On-going Classes and Activities

- Mondays, 7:00 p.m. - Narcotics Anonymous (NA)
- Tuesdays, 7:00 p.m. - FA (Food Addicts in Recovery Anonymous)
- Wednesdays, 6:00 p.m. - Daily Word Contemplative Prayer Service
- Third Wednesday- Board of Trustees Meeting
- Thursdays, 5:00 p.m. - Narcotics Anonymous Women's Group (NA)
- Thursdays, 7:00 p.m. - Narcotics Anonymous Men's Group (NA)
- Second and Fourth Thursday, 8:30 a.m. - Men of Unity Breakfast
- Third Thursday, 11:30 a.m. - Women of Unity Potluck Luncheon
- Fourth Fridays, 12:00-7:00 p.m. - Community Kitchen at Epiphany Episcopal Church
- Sundays, 10:00 a.m. - Worship Celebration
- Sundays, 5:30 p.m. Narcotics Anonymous (NA)





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November 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 First Friday @ 5 - Prayers for the World	2
3 10:00 a.m. Service - Guest Speaker: Mike Gomez NA - 5:30 p.m.	4 NA - 7:00 p.m.	5 FA - 7:00 p.m.	6 Daily Word Contemplative Prayer Service - 6:00 p.m.	7 NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	8	9
10 10:00 a.m. Service NA - 5:30 p.m.	11 NA - 7:00 p.m. 	12 FA - 7:00 p.m.	13 Daily Word Contemplative Prayer Service - 6:00 p.m.	14 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	15	16
17 10:00 a.m. Service - Guest Speaker: Paul Whitney NA - 5:30 p.m.	18 NA - 7:00 p.m.	19 FA - 7:00 p.m.	20 Daily Word Contemplative Prayer Service - 6:00 p.m. Board Meeting	21 Women of Unity - 11:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	22 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	23 Craft Fair
24 10:00 a.m. Service NA - 5:30 p.m.	25 NA - 7:00 p.m.	26 FA - 7:00 p.m.	27 Daily Word Contemplative Prayer Service - 6:00 p.m.	28 NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m. Happy Thanksgiving 	29	30

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- Mondays, 7:00 p.m. - Narcotics Anonymous (NA)
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- Third Wednesday - Board of Trustees Meeting
- Thursdays, 5:00 p.m. - Narcotics Anonymous Women's Group (NA)
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- Second and Fourth Thursday, 8:30 a.m. - Men of Unity Breakfast
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Church Directory . . .

Minister of Record: Rev. Ken Micah Murdock

Church Administrator: Marcella Mackes

Board of Trustees:

Phyllis Flemings, President
John Working, Vice President
Leticia Widemann, Secretary
John Thompson, Treasurer

Ministerial Assistant: Warren Spayth

Prayer Chaplains:

Warren Spayth, Patt Florez, Cheryl Potts,
Daniel Perkins

Youth Education:

Jennifer Darcangelo, Director / YOU Sponsor / KOU

Newsletter / Bookstore: Marcella Mackes

Volunteer Coordinator: Marcella Mackes

Sound Technicians: Warren Spayth, Roy Morris

Music Coordinator: Linda Hogan

Video & Podcast Editor / Webmaster: Lisa Murray

Video Technicians:

Jim Stueve, Bobbi Fortner, Gloria Ramirez,
John Working

Did you Know? . . .

- **Prayer requests:** Prayer requests placed in our prayer chest are read in strictest confidentiality by our Prayer Chaplains, then sent to Silent Unity where they are held in prayer for 30 days.
- **Lending Library:** If you need a book for a class or for your personal spiritual enrichment they can be checked out from our lending library. The library is available on Sundays before and after the service and during normal business hours Monday-Thursday.
- **Bookstore:** The Bookstore is available the Second and Fourth Sundays after the 10 a.m. service and on Tuesdays and Thursdays during normal office hours.



- **You can support Unity of the Valley Spiritual Center by making a donation through our website:** We are able to accept one-time donations or recurring donations made with any major credit card or PayPal. Simply select the blue donate button and follow the prompts.
- **You can support Unity of the Valley Spiritual Center by making a donation through Text 2 Give:** Simply text the word GIVE to 707-316-8325 and follow the directions.
- **You can put your tithe and Love Offerings on your credit card:** Credit card donation forms are available by contacting the church office.
- **You can bring clean plastic bottles and soda cans to the church to be recycled:** This is a community service provided by the Men of Unity. **To date they have raised over \$4,000**

UNITY PRINCIPLES

- ◆ God is good and everywhere present.
- ◆ The spirit of God lives within each person, therefore, all people are inherently good.
- ◆ We create our life experiences through our way of thinking.
- ◆ There is power in affirmative prayer, which we believe increases our connection to God.
- ◆ Knowing and understanding Unity principles is the foundation. Taking action based on the truth principles transforms our lives and the world.

Unity of the Valley Spiritual Center Financial Statement January-June 2024

Financials are updated quarterly

	January – June 2024	Annual Budget	\$ Under/Over Budget
Income			
300.00 · INTEREST	.68	1.00	-.32
400.00 · BOOKSTORE	33.01	200.00	-166.99
410.00 · CLASSES/ WORKSHOPS/ SPECIAL EVENTS	2,891.72	13,000.00	-10,108.28
419.00 - SUBTENANT INCOME	3,600.00	14,000.00	-10,400.00
420.00 · CONTRIBUTIONS	108,580.30	207,005.00	-98,424.70
430.00 · FACILITY & PROPERTY	7,643.00	11,500.00	-3,857.00
460.00 · FUNDRAISERS	6,089.60	16,620.00	-10,530.40
490.00 · MISCELLANEOUS INCOME	0.00	25.00	-25.00
Total Income	128,838.31	262,351.00	-133,512.69
Expense			
600.00 · ADMINISTRATIVE	13,878.44	29,788.77	-15,910.33
605.00 · BOOKSTORE EXPENSES*	25.00	325.47	-300.47
610.00 · EDUCATION	1,872.93	4,000.00	-2,127.07
620.00 · FACILITY**	31,135.67	62,252.25	-31,116.58
625.00 · FUNDRAISER EXPENSES	862.23	1,325.00	-462.77
630.00 · MINISTRY	4,488.55	11,532.00	-7,043.45
640.00 · PAYROLL	63,946.53	132,193.00	-68,246.47
650.00 · TITHES & CHARITABLE GIVING	5,134.99	19,400.00	-14,265.01
6560 · PAYROLL EXPENSES	1,009.00	1,350.00	-341.00
Total Expense	122,353.34	262,166.49	-139,813.15
Net Income	6,484.97	184.51	6,330.46

*Includes Inventory Purchases and Sales Tax Paid

** Includes Mortgage Principal Payments

Cash on Hand as of June 30, 2024	
Savings:	\$ 13,643.21
Checking:	\$ 75,930.36
Flower Fund:	\$ 55.26
Petty Cash:	<u>\$ 9.34</u>
Total All Accounts	\$ 89,638.17
Total Available Cash:	\$ 76,453.66

*We acknowledge God as our source and see abundance flowing forth,
blessing all that we have and all that we give.*

*We gratefully bless those who share their prosperity that we may serve
Spirit's work as our Unity community.*

Upcoming Activities & Special Events. . .

**WALK
TO
END
ALZHEIMER'S**
ALZHEIMER'S ASSOCIATION

Join Team Unity
Scan the QR code
below or pick up a
registration form
in the Great Hall

**2024
ALZHEIMER'S ASSOCIATION
WALK TO END ALZHEIMER'S**

**SOLANO
COUNTY**

October 19, 2024

Harbor Plaza
600 Main Street
Suisun, CA



Register at alz.org/solanowalk

Unity of the Valley's Team Unity has raised over \$80,000 at Alzheimer's Walks during the past 25 years!

So far this year we've raised \$6,399
Donations can be made to Team Unity through December.

If you'd like to volunteer on October 19, call Walk Manager Madyson Palmer at (925) 269-4302 or email mlpalmer@alz.org.

Come enjoy the festivities on Walk Day!



Unity of the Valley
Spiritual Center Annual

Craft Fair

Saturday, November 23
9:00 a.m. - 2:00 p.m.

**Great time to start
your holiday shopping!
Lots of handcrafted
items**

**Vendor applications are available now!
Contact the church office**



Mark Stanton Welch will be joining us on November 3 as our musical guest at the Sunday service

Mark will present a concert in Unity Hall following the service

Mark your calendars!

