



Unity of the Valley Spiritual Center

350 N. Orchard Avenue • Vacaville, CA 95688 • (707) 447-0521 • www.unityvacaville.org

- February 2025 -

Annual Membership

Meeting

Sunday, February 23 - 11:30 a.m.

We will take a look back at 2024 and get an overview of 2025

Membership renewals have gone out,

**We need a quorum to hold the meeting so
please remember to return them by the deadline**

All are welcome - You do not have to be an official member to attend

**In 2024 a portion of your tithes and offerings went to the following
community and Unity programs**

Epiphany Episcopal Community Kitchen * Children's Network * Faith in Action
NorthBay Hospice * Vacaville Police Department Children's Crisis * Mark's Growing Center
Meals on Wheels * Opportunity House * Solano County Food Bank
Solano Advocates for Victims of Violence (SAVV) * NorthBay Alzheimer's Services
Silent Unity * West Central Region of Unity Churches * Unity Worldwide Ministries



Earth Care Corner

by Mei-Ling Albert

GREAT LOCAL HIKING TRAILS

Solano County has two picturesque hiking trails in the Fairfield/Green Valley area on Rockville Road, almost across the road from each other (about 1/4 mile.)

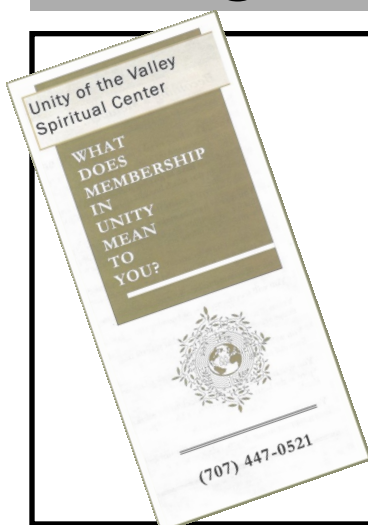
The newest one is **Patwino Worrntla Kodoi Dihi** open space park. A real mouthful. I struggled to remember the entire name. I think I finally have it. It honors the Patwin people who originally inhabited this area. I have learned that it means “Southern rock home of the Patwin people”. It has hiking paths for people of all capacities. It is especially lovely in the spring with wild flowers. Some of the trails lead to spacious outlooks for views of the whole Solano area and beyond. There are picnic tables to sit and rest. The paths lead through areas of trees and open space, artistic rocks and clusters of cows here and there. They were here first, before the land was bought by Solano Land Management with the donations of many people who had a vision of a hiking park that is accessible to everyone. The park is open 9 a.m. - 5 p.m. Friday through Monday, there are no dogs allowed. Parking /entrance fee is \$5. Well worth it!

The second hiking park is **Rockville Hills Regional Park**, part of which was once a limestone quarry. The city of Fairfield wanted to turn it into a golf course in the 60's, but came to realize it work much better as a hiking park. There are numerous trails. Some paths are an easy walk, however to get the level areas, it's an uphill walk (I take it slow). There are two ponds and in the Spring you may see thousands of tiny polliwogs on the edges of the larger pond, and later tiny frogs leaping here and there on path around the pond. You walk amidst very old oaks, open spaces, beautiful boulders, wild flowers, and interesting birds . Best time to visit is now until the grasses dry up in late April or May. There are challenging trails for climbers and mountain bike riders love Rockville. They are always courteous and polite. They let you know they're coming up behind you. There is a small parking lot, however most visitors park along the road. Day passes are \$5 (extra \$1 for you dogs); seasonal passes are available, visit their website for pricing. The park is open year-round from sunrise to sunset. dogs are allowed on leash.

There is also **Lynch Canyon Open Space** with wide open space and soft hills. The park is located half way between Fairfield and Vallejo, directly off Hwy 80. You can ride your mountain bike during open hours. Lynch Canyon is open Friday through Monday 9 a.m. - 5 p.m., there are no dogs allowed. Parking fees are the \$8.00 during Peak Season (April – September) and \$6.00 Off Season (October – March).

If you are interested in being part of the EarthCare Team you can sign-up by contacting meilingmarie@gmail.com using the subject title EarthCare. Please provide your name and contact information

Coming Soon (Continued on Page 8) . . .



New Member Class

Saturday, March 15 - 10 a.m.. - 2 p.m.

Lunch will be provided

If you have been thinking about become a member of Unity of the Valley Spiritual Center this class is for you. You will learn what membership in Unity means and have an opportunity to share what brought you here and what Unity means to you. The class will be facilitated by Rev. Micah Murdock and the Board of Trustees will join you for lunch

Pick up a Membership Registration Form in the Great Hall and return to the office.
The New Member Induction Ceremony follow on Sunday, March 23

Attendance at both the class and the induction ceremony is required for membership

Ongoing Classes and Activities . . .

Mondays

NA (Narcotics Anonymous) - 6:30 p.m.

Tuesdays

FA (Food Addicts in Recovery Anonymous) - 7:00 p.m.

Wednesdays

Daily Word Meditative Prayer Service - 6:00 p.m. - facilitated by our Prayer Chaplains and Rev. Micah Murdock

Thursdays

Men of Unity Breakfast - 8:30 a.m. - Second and Fourth Thursday of the month - Held at a variety of local restaurants - Contact Bob Panzer at 707-410-8839 / rmp572@gmail.com or Dave Rybicki at drybicki@solanowireless.com for location and information

Women of Unity Potluck - 11:30 a.m. - Third Thursday of the month - Email Cindy Hulburt at cindyhulburt@gmail.com for information

Board of Trustees Meeting - Third Thursday of the month

NA (Narcotics Anonymous) - Women's Group - 5:00 p.m.

NA (Narcotics Anonymous) - Men's Group - 7:00 p.m.

Fridays

Prayers for the World, First Friday at 5:00 p.m. (available online)

'4th Friday Feed' - Community Kitchen at Epiphany Episcopal Church, 12:00-7:00 p.m. - Fourth Friday of the Month - Volunteers are always needed

Sundays

Worship Celebration - 10:00 a.m. - In person and live-streamed at www.unityvacaville.org

NA (Narcotics Anonymous) - 5:30 p.m.



Daily Word Meditation Service



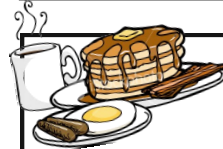
Wednesdays at 6 p.m.
in our sanctuary
led by our Prayer Chaplains
and Rev. Micah Murdock

Join the Women of Unity for Lunch!

The Women of Unity meet at 11:30 a.m.
on the Third Thursday of the month

Contact Cindy Hulburt at cindyhulburt@gmail.com
for more information

Women of all ages are welcome!



Join the Men of Unity for Breakfast!

The Men of Unity meet at 8:30 a.m.
on the Second and Fourth Thursday of the
month at various local eateries.

Contact Bob Panzer at 707-410-8839 / rmp572@gmail.com
or Dave Rybicki at drybicki@solanowireless.com
for location and information

Community Kitchen at Epiphany Episcopal Church

Fourth Friday of the Month 12:00-7:00 p.m.

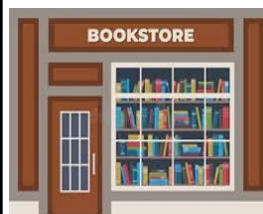
We invite you to join us in this important community outreach team and help feed the homeless and hungry

Contact the church office at 707-447-0521
or unityvv@pacbell.net for more information



Unity of the Valley Bookstore

Open on the second and fourth Sunday of the
month following the service






Stop by and say hello

The Bookstore also available
during normal office hours

PLEASE NOTE: Calendar is subject to change. Please contact the church office for more information.

February 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 10:00 a.m. Service NA - 5:30 p.m. 	3 NA - 7:00 p.m.	4 FA - 7:00 p.m.	5 Meditation Service - 6:00 p.m.	6 NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	7 First Friday @ 5 - Prayers for the World (online)	8
9 10:00 a.m. Service NA - 5:30 p.m.	10 NA - 7:00 p.m.	11 FA - 7:00 p.m.	12 Meditation Service - 6:00 p.m.	13 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	14 Valentine's Day 	15
16 10:00 a.m. Service NA - 5:30 p.m.	17 Board Meeting NA - 7:00 p.m. 	18 FA - 7:00 p.m.	19 Meditation Service - 6:00 p.m.	20 Women of Unity - 11:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	21	22
23 10:00 a.m. Service Annual Membership Meeting 11:30 a.m. NA - 5:30 p.m.	24 NA - 7:00 p.m.	25 FA - 7:00 p.m.	26 Meditation Service - 6:00 p.m.	27 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	28 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	

Schedule of On-going Classes and Activities

- Mondays, 7:00 p.m. - Narcotics Anonymous (NA)
- Third Monday - Board of Trustees Meeting
- Tuesdays, 7:00 p.m. - FA (Food Addicts in Recovery Anonymous)
- Wednesdays, 6:00 p.m. - Daily Word Meditation Service
- Thursdays, 5:00 p.m. - Narcotics Anonymous Women's Group (NA)
- Thursdays, 7:00 p.m. - Narcotics Anonymous Men's Group (NA)
- Second and Fourth Thursday, 8:30 a.m. - Men of Unity Breakfast
- Third Thursday, 11:30 a.m. - Women of Unity Potluck Luncheon
- Fourth Fridays, 12:00-7:00 p.m. - Community Kitchen at Epiphany Episcopal Church
- Sundays, 10:00 a.m. - Worship Celebration
- Sundays, 5:30 p.m. Narcotics Anonymous (NA)





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Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 10:00 a.m. Service Guest Speaker - Karie Hillary Workshop - 11:45 a.m. NA - 5:30 p.m.	3 NA - 7:00 p.m.	4 FA - 7:00 p.m.	5 Meditation Service - 6:00 p.m.	6 NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	7 First Friday @ 5 - Prayers for the World (online)	8
9 10:00 a.m. Service Workshop: Unity 101 - 11:45 a.m. NA - 5:30 p.m. DAYLIGHT SAVINGS TIME BEGINS	10 NA - 7:00 p.m.	11 FA - 7:00 p.m.	12 Meditation Service - 6:00 p.m.	13 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	14	15 New Member Class - 10:00 a.m.
16 10:00 a.m. Service NA - 5:30 p.m.	17 Board Meeting NA - 7:00 p.m. St. Patrick's Day 	18 FA - 7:00 p.m.	19 Meditation Service - 6:00 p.m.	20 Women of Unity - 11:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m. 	21	22 Workshop: Change 10:00 a.m.
23 10:00 a.m. Service New Member Induction NA - 5:30 p.m. 30 10:00 a.m. Service NA - 5:30 p.m.	24 NA - 7:00 p.m. 31 NA - 7:00 p.m.	25 FA - 7:00 p.m.	26 Meditation Service - 6:00 p.m.	27 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	28 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	29

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- Sundays, 10:00 a.m. - Worship Celebration
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Church Directory . . .

Acting Minister: Rev. Ken Micah Murdock

Church Administrator: Marcella Mackes

Board of Trustees:

Phyllis Flemings, President
John Working, Vice President
Leticia Widemann, Secretary
John Thompson, Treasurer

Ministerial Assistant: Warren Spayth

Prayer Chaplains:

Warren Spayth, Patt Florez, Cheryl Potts,
Daniel Perkins

Youth Education:

Jennifer Darcangelo, Director / YOU Sponsor / KOU

Newsletter / Bookstore: Marcella Mackes

Volunteer Coordinator: Marcella Mackes

Sound Technicians: Theo Farnum, Roy Morris

Music Coordinator: Linda Hogan

Video & Podcast Editor / Webmaster: Lisa Murray

Video Technicians:

Jim Stueve, Gary Eisenberg, Gloria Ramirez,
John Working

Did you Know? . . .

- **Prayer requests:** Prayer requests placed in our prayer chest are read in strictest confidentiality by our Prayer Chaplains, then sent to Silent Unity where they are held in prayer for 30 days.
- **Lending Library:** If you need a book for a class or for your personal spiritual enrichment they can be checked out from our lending library. The library is available on Sundays before and after the service and during normal business hours Monday-Thursday.
- **Bookstore:** The Bookstore is available the Second and Fourth Sundays after the 10 a.m. service and on Tuesdays and Thursdays during normal office hours.



- **You can support Unity of the Valley Spiritual Center by making a donation through our website:** We are able to accept one-time donations or recurring donations made with any major credit card or PayPal. Simply select the blue donate button and follow the prompts.
- **You can support Unity of the Valley Spiritual Center by making a donation through Text 2 Give:** Simply text the word GIVE to 707-316-8325 and follow the directions.
- **You can put your tithe and Love Offerings on your credit card:** Credit card donation forms are available by contacting the church office.
- **You can bring clean plastic bottles and soda cans to the church to be recycled:** This is a community service provided by the Men of Unity. **To date they have raised over \$5,000**

UNITY PRINCIPLES

- ◆ God is good and everywhere present.
- ◆ The spirit of God lives within each person, therefore, all people are inherently good.
- ◆ We create our life experiences through our way of thinking.
- ◆ There is power in affirmative prayer, which we believe increases our connection to God.
- ◆ Knowing and understanding Unity principles is the foundation. Taking action based on the truth principles transforms our lives and the world.

Unity of the Valley Spiritual Center Financial Statement

January-December 2024

Financials are updated quarterly

	January – December 2024	Annual Budget	\$ Under/Over Budget
Income			
300.00 · INTEREST	1.37	1.00	.37
400.00 · BOOKSTORE	48.96	200.00	-151.04
410.00 · CLASSES/ WORKSHOPS/ SPECIAL EVENTS	3,709.02	13,000.00	-9,290.98
419.00 · SUBTENANT INCOME	3,600.00	14,000.00	-10,400.00
420.00 · CONTRIBUTIONS	205,867.08	207,005.00	-1,137.92
430.00 · FACILITY & PROPERTY	13,528.00	11,500.00	2,028.00
460.00 · FUNDRAISERS	9,413.60	16,620.00	-7,206.40
490.00 · MISCELLANEOUS INCOME	4.20	25.00	-20.80
Total Income	236,172.23	262,351.00	-26,178.77
Expense			
600.00 · ADMINISTRATIVE	27,547.44	29,788.77	-2,241.33
605.00 · BOOKSTORE EXPENSES*	25.00	325.47	-300.47
610.00 · EDUCATION	3,016.12	4,000.00	-983.88
620.00 · FACILITY**	60,727.58	62,252.25	-1,524.67
625.00 · FUNDRAISER EXPENSES	1,313.48	1,325.00	-11.52
630.00 · MINISTRY	10,899.69	11,532.00	-632.31
640.00 · PAYROLL	124,394.24	132,193.00	-7,798.76
650.00 · TITHES & CHARITABLE GIVING	11,151.91	19,400.00	-8,248.09
6560 · PAYROLL EXPENSES	1,100.00	1,350.00	-250.00
Total Expense	240,175.46	262,166.49	-21,991.03
Net Income	-4,003.23	184.51	-4,187.74

*Includes Inventory Purchases and Sales Tax Paid ** Includes Mortgage Principal Payments

*We acknowledge God as our source and see abundance flowing forth,
blessing all that we have and all that we give.*

*We gratefully bless those who share their prosperity that we may serve
Spirit's work as our Unity community.*

Cash on Hand as of December 31, 2024	
Savings:	\$ 13,643.90
Checking:	\$ 61,055.20
Flower Fund:	\$ 55.26
Petty Cash:	\$ <u>9.34</u>
Total All Accounts	\$ 74,763.70
Total Available Cash:	\$ 66,516.35

Upcoming Activities & Special Events (Continued) . . .



Sunday, March 2 - Karie Hillery will be our Speaker and Musical Guest
 She will also be presenting a workshop following the service - *More information out soon*

About Karie:

International recording artist and motivational speaker Karie Hillery has a vision for a better world. A life's journey of challenges, triumphs, love and loss has carved a place where moving music grows and spills forth to fill a need that all humans have inside. The place where shadow meets light and hope is born anew.

Karie's gift is the joyful abandon in her musical expression, the bubbly enthusiasm for healing that sings itself through her songs and keyboard artistry. She embodies a deep love and respect for all living things and the message in her music and programs inspires others to find the song within them, whatever its outward manifestation. Karie's voice is soothing, but not sleepy. It is rich and full of life's emotion. You cannot hear her without being moved, touched and uplifted.

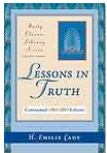
Gentle, inspiring, powerful, sometimes silly, her spirit shines forth, pulling the listener deeper into their own heart and hers; her music and programs let you know that you are not alone on your journey through life's dreams, hopes, and challenges.

Sunday, March 9 - 11:45 a.m. - 1:45 p.m.

Unity 101 - The Basic Beliefs of Unity

A one-day workshop facilitated by Rev. Micah Murdock

Text: Lessons in Truth by Emily Cady (available in the Bookstore)



This workshop we will explore all of the Truth Principles that we believe and teach. Come with your questions and we will find answers! After many years of study, Rev. Micah will share all I can in our time together.

Materials will be provided - Invite a friend to learn about Unity!

Saturday, March 22 - 10:00 a.m. - 12:00 p.m.

Understanding and Coping with Change

A one-day workshop facilitated by David Deerfeeder

During this workshop David will present two effective systems for managing change in healthy ways.



David Deerfeeder is the counselor at University Retirement Community in Davis. He serves over 300 community members living in Independent Living, Assisted Living and Skilled Nursing accommodations.



Mark your Calendars!!
Unity of the Valley's
Annual Spring Tea is coming!

Saturday April 12, 2025

Hosted by the Women of Unity
Tickets on sale soon!

Celebrating our oneness - Honoring our diversity

Unity of the Valley Spiritual Center is dedicated to the Belief in God as universal Spirit
 Our purpose is to provide opportunities for each individual to express their inner Christ Spirit