



Unity of the Valley Spiritual Center

350 N. Orchard Avenue • Vacaville, CA 95688 • (707) 447-0521 • www.unityvacaville.org

- March 2025 -

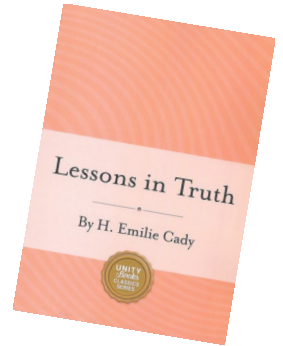
Unity 101 - The Basic Beliefs of Unity - Sunday, March 9 - 11:45 a.m. - 1:45 p.m.

A one-day workshop facilitated by Rev. Micah Murdock

Text: Lessons in Truth by H. Emilie Cady
(available in the Bookstore)

This workshop will explore all of the Truth Principles that we believe and teach. Come with your questions and we will find answers!

Materials will be provided - Invite a friend to learn about Unity!



New Member Class - Saturday, March 15 - 10 a.m. - 2 p.m.

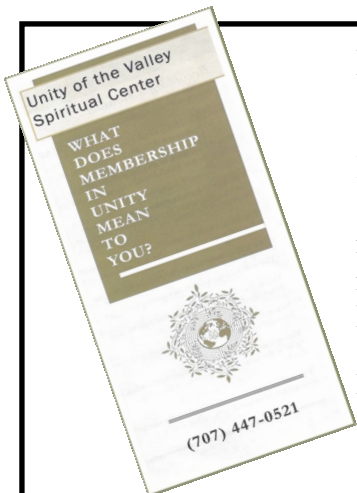
Lunch will be provided

If you have been thinking about becoming a member of Unity of the Valley Spiritual Center this class is for you. You will learn what membership in Unity means and have an opportunity to share what brought you here and what Unity means to you. The class will be facilitated by Rev. Micah Murdock and the Board of Trustees will join you for lunch

Pick up a Membership Registration Form in the Great Hall and return to the office.

The New Member Induction Ceremony follows on Sunday, March 23

Attendance at both the class and the induction ceremony is required for membership



UNITY PRINCIPLES

- ◆ God is good and everywhere present.
- ◆ The spirit of God lives within each person, therefore, all people are inherently good.
- ◆ We create our life experiences through our way of thinking.
- ◆ There is power in affirmative prayer, which we believe increases our connection to God.
- ◆ Knowing and understanding Unity principles is the foundation. Taking action based on the truth principles transforms our lives and the world.



Earth Care Corner

by Mei-Ling Albert

GREEN IS GOOD!

Green is life-giving and spirit-healing. *Green* wraps around us as we walk through wooded areas. The *green* that we see and feel in the forest filters the air we breathe. It cleans the water we drink. It provides a home for wildlife. The largest and oldest trees capture and retain more carbon than other trees. Preserving healthy old growth and redwood forests are crucial to ensuring a green sustainable future for all. **GREEN IS ALWAYS GOOD.**

The are great recourses and good information at the Earth Care table in the Great Hall
Check out the UWM EarthCare Newsletter www.unityuwm.org/earthcare under “Newsletters.”

Coming Soon (Continued on Page 8) . . .



Understanding and Coping with Change
Saturday, March 22 - 10:00 a.m. - 12:00 p.m.

A one-day workshop facilitated by David Deerfeeder

During this workshop David will present two effective systems for managing change in healthy ways.

David Deerfeeder is the counselor at University Retirement Community in Davis. He serves over 300 community members living in Independent Living, Assisted Living and Skilled Nursing accommodations.

Spring Tea

Saturday, April 12 - 2:00 p.m.-3:30 p.m.

(Seating begins promptly at 1:30 p.m.)

Tickets are \$35 and are on sale now! Get yours early, they go fast!!

Hosted by the Women of Unity

Donations of items are need for raffle baskets - If you are interested in bring an item for one of the 7 fun themed baskets please sign up in the Great Hall or contact the office

A Portion of the proceeds from ticket sales will benefit Horsplay Therapeutic Riding Center



Ongoing Classes and Activities . . .

Mondays -

Board of Trustees Meeting - Third Monday of the month

NA (Narcotics Anonymous) - 6:30 p.m.

Tuesdays -

FA (Food Addicts in Recovery Anonymous) - 7:00 p.m.

Wednesdays -

Daily Word Meditation Service - 6:00 p.m. - facilitated by our Prayer Chaplains and Rev. Micah Murdock

Thursdays -

Men of Unity Breakfast - 8:30 a.m. - Second and Fourth Thursday of the month - Held at a variety of local restaurants - Contact Bob Panzer at 707-410-8839 / rmp572@gmail.com or Dave Rybicki at drybicki@solanowireless.com for location and information

Women of Unity Potluck - 11:30 a.m. - Third Thursday of the month - Email Cindy Hulburt at cindyhulburt@gmail.com for information

NA (Narcotics Anonymous) - Women's Group - 5:00 p.m.

NA (Narcotics Anonymous) - Men's Group - 7:00 p.m.

Fridays -

Prayers for the World, First Friday at 5:00 p.m. (available online)

'4th Friday Feed' - Community Kitchen at Epiphany Episcopal Church, 12:00-7:00 p.m. - Fourth Friday of the Month - Volunteers are always needed

Sundays -

Worship Celebration - 10:00 a.m. - In person and live-streamed at www.unityvacaville.org

NA (Narcotics Anonymous) - 5:30 p.m.



Daily Word Meditation Service



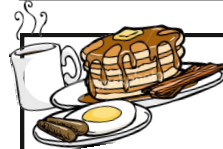
**Wednesdays at 6 p.m.
in our sanctuary
led by our Prayer Chaplains
and Rev. Micah Murdock**

Join the Women of Unity for Lunch!

**The Women of Unity meet at 11:30 a.m.
on the Third Thursday of the month**

Contact Cindy Hulburt at cindyhulburt@gmail.com
for more information

Women of all ages are welcome!



Join the Men of Unity for Breakfast!

**The Men of Unity meet at 8:30 a.m.
on the Second and Fourth Thursday of the
month at various local eateries.**

Contact Bob Panzer at 707-410-8839 / rmp572@gmail.com
or Dave Rybicki at drybicki@solanowireless.com
for location and information

Community Kitchen at Epiphany Episcopal Church

Fourth Friday of the Month 12:00-7:00 p.m.

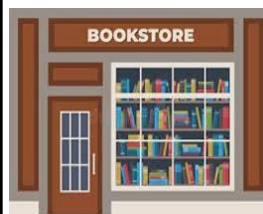
We invite you to join us in this important community outreach team and help feed the homeless and hungry

Contact the church office at 707-447-0521
or unityvv@pacbell.net for more information



Unity of the Valley Bookstore

**Open on the second and fourth Sunday of the
month following the service**





Stop by and say hello

The Bookstore also available
during normal office hours

PLEASE NOTE: Calendar is subject to change. Please contact the church office for more information.

March 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 10:00 a.m. Service Guest Speaker - Karie Hillary Workshop - 11:45 a.m. NA - 5:30 p.m.	3 NA - 7:00 p.m.	4 FA - 7:00 p.m.	5 Meditation Service - 6:00 p.m.	6 NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	7 First Friday @ 5 - Prayers for the World (online)	8
9 10:00 a.m. Service Workshop: Unity 101 - 11:45 a.m. NA - 5:30 p.m. DAYLIGHT SAVINGS TIME BEGINS	10 NA - 7:00 p.m.	11 FA - 7:00 p.m.	12 Meditation Service - 6:00 p.m.	13 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	14	15 New Member Class - 10:00 a.m.
16 10:00 a.m. Service NA - 5:30 p.m.	17 Board Meeting NA - 7:00 p.m. St. Patrick's Day 	18 FA - 7:00 p.m.	19 Meditation Service - 6:00 p.m.	20 Women of Unity - 11:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m. 	21	22 Workshop: Change 10:00 a.m.
23 10:00 a.m. Service New Member Induction NA - 5:30 p.m. 30 10:00 a.m. Service NA - 5:30 p.m.	24 NA - 7:00 p.m. 31 NA - 7:00 p.m.	25 FA - 7:00 p.m.	26 Meditation Service - 6:00 p.m.	27 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	28 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	29

Schedule of On-going Classes and Activities

- Mondays, 7:00 p.m. - Narcotics Anonymous (NA)
- Third Monday - Board of Trustees Meeting
- Tuesdays, 7:00 p.m. - FA (Food Addicts in Recovery Anonymous)
- Wednesdays, 6:00 p.m. - Daily Word Meditation Service
- Thursdays, 5:00 p.m. - Narcotics Anonymous Women's Group (NA)
- Thursdays, 7:00 p.m. - Narcotics Anonymous Men's Group (NA)
- Second and Fourth Thursday, 8:30 a.m. - Men of Unity Breakfast
- Third Thursday, 11:30 a.m. - Women of Unity Potluck Luncheon
- Fourth Fridays, 12:00-7:00 p.m. - Community Kitchen at Epiphany Episcopal Church
- Sundays, 10:00 a.m. - Worship Celebration
- Sundays, 5:30 p.m. Narcotics Anonymous (NA)





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April 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 FA - 7:00 p.m.	2 Meditation Service - 6:00 p.m.	3 NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	4 First Friday @ 5 - Prayers for the World (online)	5 Edgar Cayce Wrkshp - 9:30 a.m.
6 10:00 a.m. Service NA - 5:30 p.m.	7 NA - 7:00 p.m.	8 FA - 7:00 p.m.	9 Meditation Service - 6:00 p.m.	10 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	11	12 Spring Tea - 2:00 p.m. 
13 10:00 a.m. Service NA - 5:30 p.m.	14 NA - 7:00 p.m.	15 FA - 7:00 p.m.	16 Meditation Service - 6:00 p.m.	17 NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m. Maundy Thursday Service - 6:00 p.m.	18 Good Friday Service - 12:00 p.m.	19
20 10:00 a.m. Easter Flower Service NA - 5:30 p.m. 	21 Board Meeting NA - 7:00 p.m.	22 FA - 7:00 p.m.	23 Meditation Service - 6:00 p.m.	24 Men of Unity - 8:30 a.m. NA (Women's Grp) 5:00 p.m. NA (Men's Grp) - 7:00 p.m.	25 4th Friday Feed Community Kitchen at Epiphany Episcopal Church	26
27 10:00 a.m. Service Prayer Class - 11:45 a.m. NA - 5:30 p.m.	28 NA - 7:00 p.m.	29 FA - 7:00 p.m.	30 Meditation Service - 6:00 p.m.			

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Church Directory . . .

Acting Minister: Rev. Ken Micah Murdock

Church Administrator: Marcella Mackes

Board of Trustees:

- Phyllis Flemings, President
- John Working, Vice President
- Leticia Widemann, Secretary
- John Thompson, Treasurer

Ministerial Assistant: Warren Spayth

Prayer Chaplains:

- Warren Spayth, Patt Florez, Cheryl Potts,
- Daniel Perkins

Youth Education:

Jennifer Darcangelo, Director / YOU Sponsor / KOU

Newsletter / Bookstore: Marcella Mackes

Volunteer Coordinator: Marcella Mackes

Sound Technicians: Theo Farnum, Roy Morris

Music Coordinator: Linda Hogan

Video & Podcast Editor / Webmaster: Lisa Murray

Video Technicians:

- Jim Stueve, Gary Eisenberg, Gloria Ramirez,
- John Working

Did you Know? . . .

- **Prayer requests:** Prayer requests placed in our prayer chest are read in strictest confidentiality by our Prayer Chaplains, then sent to Silent Unity where they are held in prayer for 30 days.
- **Lending Library:** If you need a book for a class or for your personal spiritual enrichment they can be checked out from our lending library. The library is available on Sundays before and after the service and during normal business hours Monday-Thursday.
- **Bookstore:** The Bookstore is available the Second and Fourth Sundays after the 10 a.m. service and on Tuesdays and Thursdays during normal office hours.



- **You can support Unity of the Valley Spiritual Center by making a donation through our website:** We are able to accept one-time donations or recurring donations made with any major credit card or PayPal. Simply select the blue donate button and follow the prompts.
- **You can support Unity of the Valley Spiritual Center by making a donation through Text 2 Give:** Simply text the word GIVE to 707-316-8325 and follow the directions.
- **You can put your tithe and Love Offerings on your credit card:** Credit card donation forms are available by contacting the church office.
- **You can bring clean plastic bottles and soda cans to the church to be recycled:** This is a community service provided by the Men of Unity. **To date they have raised over \$5,000**

In 2024 a portion of your tithes and offerings went to the following community and Unity programs

- Epiphany Episcopal Community Kitchen * Children's Network * Faith in Action
- NorthBay Hospice * Vacaville Police Department Children's Crisis * Mark's Growing Center
- Meals on Wheels * Opportunity House * Solano County Food Bank
- Solano Advocates for Victims of Violence (SAVV) * NorthBay Alzheimer's Services
- Silent Unity * West Central Region of Unity Churches * Unity Worldwide Ministries

Unity of the Valley Spiritual Center Financial Statement

January-December 2024

Financials are updated quarterly

	January – December 2024	Annual Budget	\$ Under/Over Budget
Income			
300.00 · INTEREST	1.37	1.00	.37
400.00 · BOOKSTORE	48.96	200.00	-151.04
410.00 · CLASSES/ WORKSHOPS/ SPECIAL EVENTS	3,709.02	13,000.00	-9,290.98
419.00 · SUBTENANT INCOME	3,600.00	14,000.00	-10,400.00
420.00 · CONTRIBUTIONS	205,867.08	207,005.00	-1,137.92
430.00 · FACILITY & PROPERTY	13,528.00	11,500.00	2,028.00
460.00 · FUNDRAISERS	9,413.60	16,620.00	-7,206.40
490.00 · MISCELLANEOUS INCOME	4.20	25.00	-20.80
Total Income	236,172.23	262,351.00	-26,178.77
Expense			
600.00 · ADMINISTRATIVE	27,547.44	29,788.77	-2,241.33
605.00 · BOOKSTORE EXPENSES*	25.00	325.47	-300.47
610.00 · EDUCATION	3,016.12	4,000.00	-983.88
620.00 · FACILITY**	60,727.58	62,252.25	-1,524.67
625.00 · FUNDRAISER EXPENSES	1,313.48	1,325.00	-11.52
630.00 · MINISTRY	10,899.69	11,532.00	-632.31
640.00 · PAYROLL	124,394.24	132,193.00	-7,798.76
650.00 · TITHES & CHARITABLE GIVING	11,151.91	19,400.00	-8,248.09
6560 · PAYROLL EXPENSES	1,100.00	1,350.00	-250.00
Total Expense	240,175.46	262,166.49	-21,991.03
Net Income	-4,003.23	184.51	-4,187.74

*Includes Inventory Purchases and Sales Tax Paid ** Includes Mortgage Principal Payments

*We acknowledge God as our source and see abundance flowing forth,
blessing all that we have and all that we give.*

*We gratefully bless those who share their prosperity that we may serve
Spirit's work as our Unity community.*

Cash on Hand as of December 31, 2024	
Savings:	\$ 13,643.90
Checking:	\$ 61,055.20
Flower Fund:	\$ 55.26
Petty Cash:	\$ 9.34
Total All Accounts	\$ 74,763.70
Total Available Cash:	\$ 66,516.35

Upcoming Activities & Special Events (Continued) . . .



Grand Master Choa Kok Sui's

PRANIC HEALING

Level One

LEARN

To HEAL

Yourself and others
EVEN from a DISTANCE

Just in **2 DAYS**

You Will Learn:

Physical Healing

Easy Step by step protocols to relieve or heal anything from simple ailment like cough and cold to sever illnesses like asthma, arthritis and diabetes.

Energy Anatomy & Scanning

Correlation between the physical body and energy body, meridians and the 11 major chakras.

Meditation & Breathing Exercise

Exercise Inner Peace and stillness through the "Meditation on Twin Hearts" and also learn breathing exercise to quickly recharge yourself and more....

What is Pranic Healing

PRANIC HEALING is an effective and powerful "no-touch" healing modality developed by Grand Master Choa Kok Sui that uses "life force" or prana (Chi) to heal physical and emotional ailments. Pranic Healing uses a cookbook approach to heal different ailments. So, all one has to do is to follow a specific protocol for a condition to produce the healing result. There is a protocol from nose bleeding to Coronary Artery Disease. It is simplified and organized so that anyone can learn to heal in a short amount of time and produce tangible result.

WHEN

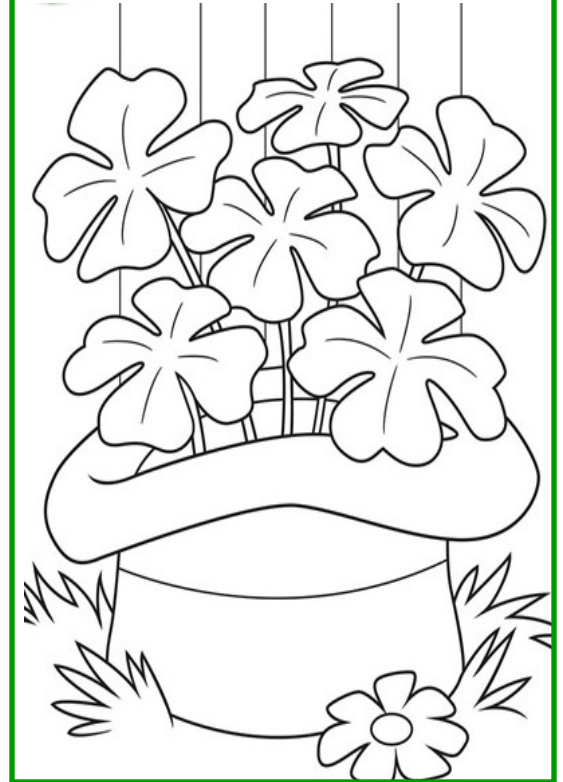
Sat. March 29– 9:30 am to 5:30 pm
Sun. March 30– 1:00 pm to 6:30 pm

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Register at Pranichealing.com/learn
or email lilia@pranichealing.com

Your instructor
Lilia Afshary

Color the Shamrocks



Volunteer Opportunities

If you are looking for ways to lend a helping hand the following teams are looking for you!

- ◆ **Usher/Greeter** - This team is "the face of the church" - the team meets and greets all who enter and make sure newcomers feel welcomed. This is a one week per month commitment
- ◆ **Hospitality Team** - Without this team there would be no coffee or treats to enjoy after the service! This is a one week per month commitment.
- ◆ **4th Friday Feed** - We have an urgent need for volunteers to assist with this important community outreach team. This is a once per month commitment. We need:
 - Help with shopping (UVSC covers the cost of food and supplies)
 - Help with prep and cooking -Help Serving - Help with clean-up

Celebrating our oneness - Honoring our diversity

Unity of the Valley Spiritual Center is dedicated to the Belief in God as universal Spirit
Our purpose is to provide opportunities for each individual to express their inner Christ Spirit